

Regulation 5131.62: Tobacco

Status: ADOPTED

Original Adopted Date: 07/01/2005 | **Last Revised Date:** 07/01/2009 | **Last Reviewed Date:** 07/01/2009

Tobacco-Use Prevention Education Program

The district's tobacco-use prevention program shall provide students in grades 6-12 instruction which addresses the following topics: (Health and Safety Code 104420)

1. Immediate and long-term undesirable physiologic, cosmetic, and social consequences of tobacco use
2. Reasons that adolescents say they smoke or use tobacco
3. Peer norms and social influences that promote tobacco use
4. Refusal skills for resisting social influences that promote tobacco use

As appropriate, the district shall provide or refer students in grades 7-12 to tobacco-use intervention and cessation activities. (Health and Safety Code 104420)

These services shall be directed toward current users and shall be voluntary for students who desire assistance in ceasing the use of tobacco.

In addition to targeting students who currently use tobacco, the district's program shall target students most at risk for beginning to use tobacco as identified through a local needs assessment.

The district shall provide or refer every pregnant and parenting minor enrolled in the district to tobacco-use prevention services. Such services may be integrated with existing programs for pregnant and parenting minors and shall include: (Health and Safety Code 104460)

1. Referral to perinatal and related support services
 2. Outreach services and assessment of smoking status
 3. Individualized counseling and advocacy services
 4. Motivational messages
 5. Cessation services, if appropriate
 6. Incentives to maintain a healthy lifestyle
 7. Follow-up assessment
 8. Maintenance and relapse prevention services
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Policy Reference Disclaimer:

These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.

State	Description
17 CCR 6800-6874	Child Health and Disability Prevention program; health assessments
Bus. Code 22950.5	Stop Tobacco Access to Kids Enforcement Act - Definitions
Ed. Code 48900.5	Suspension, limitation on imposition; exception
Ed. Code 48901	Smoking or use of tobacco prohibited
Ed. Code 51202	Instruction in personal and public health and safety
Ed. Code 60041	Instructional materials
Ed. Code 8900	Suspension or expulsion (grounds)
H&S Code 104350-104495	Tobacco-use prevention education
H&S Code 104559	Tobacco use prohibition
H&S Code 119405	Unlawful to sell or furnish electronic cigarettes to minors
Pen. Code 308	Minimum age for tobacco possession
Federal	Description
20 USC 7111-7122	Student support and academic enrichment grants
21 CFR 1140.1-1140.34	Unlawful sale of cigarettes and smokeless tobacco to minors
Management Resources	Description
Attorney General Opinion	88 Ops.Cal.Atty.Gen. 8 (2005)
California Department of Education Publication	Getting Results: Part II California Action Guide to Tobacco Use Prevention Education, 2000
California Department of Education Publication	Health Framework for California Public Schools: Kindergarten Through Grade Twelve, 2003
California Department of Education Publication	TUPE Acceptance of Funds Guidance
California Department of Education Publication	Health Education Content Standards for California Public Schools: Kindergarten Through Grade Twelve, 2008
Website	CSBA District and County Office of Education Legal Services

Website	Centers for Disease Control and Prevention, Smoking and Tobacco Use
Website	California Department of Education, Tobacco-Use Prevention Education
Website	California Department of Public Health, Tobacco Control
Website	California Healthy Kids Survey
Website	CSBA
Website	Office of the Surgeon General
Website	California Healthy Kids Resource Center
WestEd Publication	Guidebook for the California Healthy Kids Survey

Cross References

Code	Description
0450	Comprehensive Safety Plan
0450	Comprehensive Safety Plan
1312.3	Uniform Complaint Procedures
1312.3	Uniform Complaint Procedures
1312.3-E(1)	Uniform Complaint Procedures
1312.3-E(2)	Uniform Complaint Procedures
1325	Advertising And Promotion
3290	Gifts, Grants And Bequests
3513.3	Tobacco-Free Schools
3513.3	Tobacco-Free Schools
3513.4	Drug And Alcohol Free Schools
4159	Employee Assistance Programs
4259	Employee Assistance Programs
4359	Employee Assistance Programs
5022	Student And Family Privacy Rights
5022	Student And Family Privacy Rights
5030	Student Wellness

5131	<u>Conduct</u>
5131.1	<u>Bus Conduct</u>
5131.1	<u>Bus Conduct</u>
5131.6	<u>Alcohol And Other Drugs</u>
5131.6	<u>Alcohol And Other Drugs</u>
5131.63	<u>Steroids</u>
5131.63	<u>Steroids</u>
5141.21	<u>Administering Medication And Monitoring Health Conditions</u>
5141.21	<u>Administering Medication And Monitoring Health Conditions</u>
5141.23	<u>Asthma Management</u>
5141.23	<u>Asthma Management</u>
5141.6	<u>School Health Services</u>
5141.6	<u>School Health Services</u>
5144	<u>Discipline</u>
5144	<u>Discipline</u>
5144.1	<u>Suspension And Expulsion/Due Process</u>
5144.1	<u>Suspension And Expulsion/Due Process</u>
5144.2	<u>Suspension And Expulsion/Due Process (Students With Disabilities)</u>
5146	<u>Married/Pregnant/Parenting Students</u>
5148.2	<u>Before/After School Programs</u>
5148.2	<u>Before/After School Programs</u>
6142.8	<u>Comprehensive Health Education</u>
6142.8	<u>Comprehensive Health Education</u>